



# 2023 USATF New Mexico Association Junior Olympic Cross Country Championships



**Saturday, November 4, 2023**

Walatowa Baseball Fields  
Jemez Pueblo, NM

[www.newmexico.usatf.org](http://www.newmexico.usatf.org)

## GENERAL INFORMATION

**Meet Director:** Tasha Boyden [youth@newmexico.usatf.org](mailto:youth@newmexico.usatf.org)  
**Association President:** Mike Rahmer [president@newmexico.usatf.org](mailto:president@newmexico.usatf.org)  
**Managing Director:** Gretchen Futey (505) 908-8996 [gretchen.nm.usatf@gmail.com](mailto:gretchen.nm.usatf@gmail.com)  
**Sanction:** USATF Sanction Number: 23-42-147600  
 USATF Competition Rules Apply. The current USATF Competition Rules book is available free online: [USATF Competition Rules Book](#)  
**Eligibility:** All athletes 5-18 years of age who reside in New Mexico. 2023 USATF membership required. USATF membership applications are available online at: [USATF Membership](#). Age verification must be completed prior to the entry deadline. The USATF policy regarding age verification can be read here: [USATF Age Verification](#).

## SCHEDULE, ORDER OF EVENTS & AGE DIVISIONS

*Please Note: Age groups are based on year of birth, not age on the day of the event. See list below:*

Age Divisions	Distance	Time and Sequence
15-18 Team Division 15-16 years (born 2007–2008) 17-18 years (born 2005-2006)	5 km (3.1 miles)	<b>9:00 AM</b> - 15-18 combined. Scoring for 15-18 teams and individual awards for 15-16, 17-18 individuals. Girls and Boys Races will be combined.
13-14 years (born 2009-2010)	4 km (2.48 miles)	Girls then Boys upon completion of previous event. <b>Girls and Boys may be combined and this event may be run concurrently with the 5 km event above.</b>
8 & under (born 2015+)*	2 km (1.24 miles)	Girls then Boys upon completion of previous event
9-10 years (born 2013-2014)	3 km (1.86 miles)	Girls then Boys upon completion of previous event
11-12 years (born 2011-2012)	3 km (1.86 miles)	Girls then Boys upon completion of previous event

\*Athletes must be at least 7 years of age on December 31 of the current year to compete in the National Junior Olympic Championships, however, all 8 & Under are allowed to compete at Association & Region level.

\*\* Age divisions 13-14 and older will be contested, however, athletes and teams in those age groups who are unable to compete do to conflicting school cross country races will be waived through to Region 10 if those athletes and teams are properly entered and paid. Stated differently, athletes and teams 13-14 and above who are entered and paid for this meet do not need to compete to be eligible for the Region 10 championships.

## ENTRIES

**Register:** Online at [www.athletic.net](http://www.athletic.net)  
**Waivers:** All team and unattached athlete USATF waivers and entry payments must be received prior to competition.  
**Entry Deadline:** Tuesday, October 31, 2023, 11:59pm MT. **Age must be verified prior to the entry deadline.** The USATF policy regarding age verification can be read here: [USATF Age Verification](#).  
**Entry Fee:** \$8 per athlete  
**Payment:** Online at [www.athletic.net](http://www.athletic.net).

**NO LATE OR RACE DAY ENTRIES**

## **OPEN & MASTERS CHAMPIONSHIPS**

The USATF NM Open & Masters Cross Country Championships for both men and women will be held concurrently with the 15-18 age group 5K race. Per USATF and Safesport policies for all NGBs in order to compete in an event held concurrently with youth all open and masters athletes must have completed a safesport training in addition to having a current USATF membership. Any USATF NM member wishing to enter the Open or Masters Division for this event should email their name and USATF member number to [gretchen.nm.usatf@gmail.com](mailto:gretchen.nm.usatf@gmail.com). This will allow verification of membership and safesport training. The entry fee of \$8 by cash or check may be paid on site the day of the meet.

## **BIB NUMBER & PACKET PICK-UP**

All competitors must wear their assigned bib numbers during competition chest-high on the front of their jerseys. Packet pick-up will be at the race site on the morning of the event from 8:30am. There will be a \$10.00 charge to replace a lost bib.

## **TEAM SCORING**

To obtain a team score, a team must have at least 5 athletes in the same gender and age group. You may enter up to 8 athletes on the team entry/declaration as scoring athletes. You may enter multiple teams in the same gender and age group provided each team has 5 to 8 athletes. The top 5 finishers among the declared team will score but all finishers on the declared team will receive a score.

## **EVENT RESULTS**

Results will be printed and posted on site after each race has been completed and scored. In addition, event results will be posted on athletic.net by midnight November 4, 2023.

## **PROTESTS**

**Protests must be made in writing in accordance with Rule 146 and must be accompanied by a \$100 cash deposit which will be forfeited unless the protest is upheld.**

## **AWARDS**

USATF Junior Olympic ribbons will be awarded to the top 15 individuals in each age division/gender. Medals will be awarded to the top 15 individuals in each age division/gender. Team trophies will be awarded to the top three teams in each team age division/gender (8U, 9-10, 11-12, 13-14, 15-18).

## **REGIONAL QUALIFYING**

All individuals in each age group who complete their race, and the top three teams in each gender/age division in the USATFNM JO XC Championships will be eligible to advance to the USATF Region 10 Championships to be held **November 18, 2023**, in El Paso, TX. In addition, all athletes who are entered and paid in the 13-14, 15-16, and 17-18 age groups will be eligible to advance to the Region 10 championships.

**Note:** Athletes must be 18 or younger on November 18, 2023, to be eligible for the Region 10 Championships. Also, athletes must be at least 7 years old on December 31, 2023, and 18 or younger on December 9, 2023, to be eligible for the National Championships.

## **FACILITY RULES, POLICIES AND GUIDELINES**

- Concessions:** Concession, hosted by Walatowa Running Club, will be available for cash purchase and portable restrooms available on site.
- Water:** There is no source of running water available. Please bring adequate water for your athletes.
- Tents:** There are no trees or other shade, there will be an area designated for team tents.