

Track & Field Invitational Meet
Sanctioned by USA Track & Field



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Date: Saturday, May 6th, 2023

First Call-Event-Coaches Meeting: See Schedule

Location: Albuquerque High School
800 Odelia Rd NE, Albuquerque, NM 87102

Entry Deadline:

*** NO LATE ENTF Wednesday, May 3rd, 2023 - 8:00 PM

Entries can be submitted online at Athletic.net

please submit Waviers with signatures to ziatrackclub@yahoo.com

Make Check Patable to: Zia Track Club

Requirements: All participating athletes (Adults & Youth) must submit a signed USATF Combined Participant Waiver Form and have a valid 2023 USA Track & Field Membership.

Entry Fee: \$7.00 Per Athlete * Returned check fee \$40

Divisions: 15-16 Division (2007-2008)

8U Division (2015 & Younger) 17-18 Divison (2005-2006)

9-10 Division (2013 - 2014) Open (19-29)

11-12 Division (2011 - 2012) *Masters (Ages 30 & up)

13-14 Division (2009-2010) * 5 year increments

Event Limitations Including Relays: 8u. 9-10, 11-12 Division 3 events.
All other age divisions 4 events. All other age divisions 4 events.

Award Ribbons: 1st through 6th for individual and relay events.
Distributed by teams

Schedule of Events

Coaches Meeting 8:00 AM

8:30 AM 1500/3000M Race Walk

3000M Run

4x100m Relay

1500m Run

400m Dash

Lollipop run

100m Dash

800m Run

200m Dash

4x400m Relay

FIELD EVENTS

* Athletes must provide their own Throwing implements

8:30 AM DISCUS

All age divisions, flight and throw limitations will be based on the number of entries

JAVELIN:

Will start immedittally following the completion of discus

8:30 AM Long Jump

8:30 AM SHOT PUT

PARKING: All vehicles must be parked in the North and East parking lots

Facilities: Concession and Bathrooms available on site

Notes: The infield will be used for team warm up area and event check in Spectator can set up above the track west of the gym.

There are also one set of bleachers on the west end of the track. The north end of the field will be the event check in.

We are unable to host High Jump and Hurdle events this season. Discus on the far south end of the field.

Long jump pit is located on the south end of the track. Running events will be run youngest to olders, female to male. All 1500/3000m Race Walkers will race simultaneously. All other events including the 1500/3000m run triple jump and shot put may be combined by age divisions and gender based on meet entries. A rolling schedule will be used for all events.