



June 10-11, 2023
Rio Rancho HS
301 Loma Colorado Dr. NE
Rio Rancho, NM 87124

Entries via athletic.net

**2023 USATF New Mexico Association
Junior Olympic
Track and Field Championships**
www.newmexico.usatf.org

Sanction: USATF Sanction #23-42-143640
Rules: [USATF 2023 Competition Rules](#) Apply.
Eligibility: All athletes 18 years or younger who reside in New Mexico may enter the youth association championship. All athletes 19 years or older may enter the adult competition. Those who are USATF members will be eligible for USATF championship awards in addition to NM Games awards.
2023 USATF membership required. USATF membership applications are available online at www.usatf.org/membership. Age verification requirements apply for youth athletes.

Please Note: Youth Age groups are based on year of birth, not age on the day of event. See list below:

Age Group/	8 & Under	2015+*	3 events
Limitations:	9-10	2013-2014	3 events
(does not	11-12	2011-2012	3 events
include Multi)	13-14	2009-2010	4 events
	15-16	2007-2008	4 events
	17-18	2005-2006**	4 events

**Athletes must be at least 7 years of age on December 31 of the current year to compete in the National Junior Olympic Championships, however, all 8 & Under are allowed to compete at Association & Region level.*

*** Athletes who are 18 may compete as long as they will not turn 19 before the end of the 2023 JO National Track Meet. However, athletes who will be 18 the day of competition must complete Safesport Training in order to compete.*

**COMBINED EVENTS, STEEPLECHASE, AND HAMMER THROW ATHLETES MUST REGISTER FOR THE STATE MEET;
THESE EVENTS WILL NOT BE CONTESTED HOWEVER ALL REGISTERED ATHLETES WILL AUTOMATICALLY ADVANCE TO REGIONALS.**

Meet Director: Tasha Boyden youth@newmexico.usatf.org
Entries: **Register online at** www.athletic.net beginning Monday, May 1, 2023
link to youth entry: [athletic.net link](https://athletic.net/link)

Entry Fee: Payment must be made online with registration prior to entry deadline.
Youth Events: \$7 per event, \$28 per relay, \$10 per Pentathlon, Triathlon, \$16 per Decathlon, Heptathlon
Open/Masters Events: \$20 for the first event, \$4 each additional event

Event Schedules: Please see the following pages. Note Saturday and Sunday morning schedule for Youth, Sunday afternoon schedule for adults.

Entry Deadline: Tuesday, **June 6, 2023, 9:00 pm MDT.** Note: Age must be verified by the entry deadline. Age verification must be completed through the athlete's USATF Connect profile.

Packet Pick-up: At the stadium Saturday and Sunday beginning at 7 am.

NO LATE OR RACE DAY ENTRIES

Awards: Youth Events: USATF medals 1st through 4th, Ribbons 5th and 6th. NM Games medals 1st-3rd. Awards are available for pick up after the event results have been posted and the protest period has passed.

Regional Qualifying: 1st through 4th place may advance to the Region 10 JO Championships to be held July 6–9 in Albuquerque, NM. *No alternates*. Region 10 Championships registration will be conducted through www.athletic.net. Entries will open on athletic.net once the advancers file has been processed. Please see www.newmexico.usatf.org for more information.

Results & Protests: Protests must be made in writing in accordance with Rule 146 and must be accompanied by a \$100 cash deposit which will be forfeited unless the protest is upheld. After certification of each race, awards will be given. In addition, Saturday event results and Sunday heat sheets will be posted at www.newmexico.usatf.org by 9pm June 10, 2023. Sunday and full meet results will be posted at www.newmexico.usatf.org and on athletic.net by midnight June 11, 2023.

Advancement Formula for Prelims to Finals: This information comes from page 175 of the 2023 USATF Competition Rules. For events which will be contested with prelims and finals (as noted above) the advancement formula is dependent on the number of heats in the prelim in the following manner:

- 2 heats: top 3 finishers from each heat plus the next 2 fastest times
- 3 heats: top 2 finishers from each heat plus the next 2 fastest times
- 4 heats: top 1 finisher from each heat plus the next 4 fastest times
- 5 heats: top 1 finisher from each heat plus the next 3 fastest times
- 6 heats: top 1 finisher from each heat plus the next 2 fastest times

Field Event Check Out: This information comes from page 173 of the 2023 USATF Competition Rules. Athletes who will compete in both field and track events may need to check out of a field event to contest the running event. They may do so by checking out of the field event with the official running the event. Following the track event, athletes are to report back to the field event and check back in with the official. In vertical events, the bar may have been raised in the athlete's absence, in which case the athlete resumes competition at the current bar height. In horizontal events, athletes may (at the official's discretion) complete attempts consecutively prior to leaving or upon return, provided the athlete returns before the end of the current round (prelim or final).

Facility Rules, Policies & Guidelines:

- Smoking/use of tobacco is prohibited on all property including parking lots and restrooms.
- Alcohol is prohibited on all property including parking lots and restrooms.
- Pets are not allowed. Service dogs/animals are allowed with proof of service.
- Skateboards, roller skates, or bicycles are not allowed.
- Bags and/or backpacks may be searched at any time at the discretion of Police or Event Staff.
- Team tents may be set up outside of the track. ***NO TENTS IN THE STANDS*** Please anchor your tents appropriately.
- Please be aware and courteous of others in the stands if using umbrellas while seated.
- Food truck vendors will be available. Outside food and drinks may be carried in.
- Zia Graphics will be selling event merchandise for those interested.
- Volunteer meet staff are representing the association at this event. Please be courteous and respectful of event staff as they help to produce a quality event for our athletes.

ONLY*

7:45 AM FIRST CALL, 8:00 AM START

TRACK EVENTS SCHEDULE - SATURDAY

(ALL TRACK EVENTS ON A ROLLING SCHEDULE)

**EVENTS RUN YOUNGEST TO OLDEST, GIRLS TO BOYS WITHIN AGE GROUP,
EXCEPT IN SOME DISTANCE AND HURDLE EVENTS.**

1500M RW/ 3000M RW	FINAL
3000M RUN	FINAL
110/100/80MH	FINAL
100M DASH	PRELIM/FINAL
200/400MH	PRELIM/FINAL
400M DASH	PRELIM/FINAL
800M RUN	PRELIM/FINAL
200M DASH	FINAL
	PRELIM/FINAL

THIS IS AN 8-LANE FACILITY. IF WE HAVE 8 OR FEWER ATHLETES, THE FINALS WILL BE HELD IN THE PRELIMS TIME SLOT. ATHLETES MUST BE READY TO RUN WHEN REPORTING FOR PRELIMS.

FIELD EVENTS SCHEDULE - SATURDAY

(ALL FIELD EVENTS ON A ROLLING SCHEDULE)

IMPLEMENT WEIGH-IN STARTS AT 7:15 AM ON SATURDAY. TOP 8 ADVANCE TO FINALS.

8:00 AM (1 CAGE)	DISCUS (11-12G) DISCUS (11-12B) DISCUS (13-14G) DISCUS (13-14B) DISCUS (15-16G, 17-18G) DISCUS (15-16B, 17-18B)
8:00 AM (1 PIT)	HIGH JUMP (13-14G) HIGH JUMP (13-14B) HIGH JUMP (15-16G) HIGH JUMP (15-16B) HIGH JUMP (17-18G) HIGH JUMP (17-18B)
8:00 AM (GIRLS PIT)	LONG JUMP (8&UG) LONG JUMP (9-10G) LONG JUMP (8&UB) LONG JUMP (9-10B)
8:00 AM (BOYS PIT)	LONG JUMP (11-12B) LONG JUMP (13-14B) LONG JUMP (11-12G) LONG JUMP (13-14G)
To follow Discus (GIRLS PIT) genders may be combined in one pit	SHOT PUT (15-16G, 17-18G) SHOT PUT (13-14G) SHOT PUT (11-12G) SHOT PUT (9-10G) SHOT PUT (8&UG)
To follow Discus (BOYS PIT) genders may be combined in one pit	SHOT PUT (15-16B, 17-18B) SHOT PUT (13-14B) SHOT PUT (11-12B) SHOT PUT (9-10B) SHOT PUT (8&UB)
8:00 AM (1 PIT)	MINI JAV (8&UG, 8&UB) MINI JAV (9-10G, 9-10B) AERO JAV (11-12G, 11-12B) JAVELIN (13-14G, 13-14B) JAVELIN (15-16G, 17-18G) JAVELIN (15-16B, 17-18B)

7:45 AM FIRST CALL, 8:00 AM START

TRACK EVENTS SCHEDULE - SUNDAY

(ALL TRACK EVENTS ON A ROLLING SCHEDULE)

**EVENTS RUN YOUNGEST TO OLDEST, GIRLS TO BOYS WITHIN AGE GROUP,
EXCEPT IN SOME DISTANCE AND HURDLE EVENTS.**

1500M RUN	FINAL
110/100/80MH	FINAL
100M DASH	FINAL
4X800M RELAY	FINAL
200/400MH	FINAL
400M DASH	FINAL
4X100M RELAY	FINAL
200M DASH	FINAL
4X400M RELAY	FINAL

FIELD EVENTS SCHEDULE - SUNDAY

(ALL FIELD EVENTS ON A ROLLING SCHEDULE)

TOP 8 ADVANCE TO FINALS

8:00 AM (1 PIT)	LONG JUMP (15-16G, 17-18G) LONG JUMP (15-16B, 17-18B) Note: Age Groups and/or Genders may be combined
Following Long Jump (1 pit)	TRIPLE JUMP (15-16G, 17-18G) TRIPLE JUMP (15-16B, 17-18B) Note: Age Groups and/or Genders may be combined
8:00 AM (1 PIT)	HIGH JUMP (9-10G) HIGH JUMP (9-10B) HIGH JUMP (11-12G) HIGH JUMP (11-12B)
to follow high jump (1 PIT)	POLE VAULT (13-14G, 15-16G, 17-18G) POLE VAULT (15-16B,17-18B) POLE VAULT (13-14B)

