



ALBUQUERQUE ATHLETICS TRACK



USATFNM ALL COMERS DEVELOPMENTAL TRACK & FIELD MEET Sanctioned by USA Track & Field

DATE: **Saturday, May 21, 2016** FIRST CALL / FIRST EVENT: See Schedule Below
LOCATION: Eldorado High School - 11300 Montgomery NE MEET DIRECTOR: CARL BRASHER
ENTRY DEADLINE: **Tuesday, May 17, 2016 - 9:00 PM NO LATE ENTRIES!**
Entries email to: aattrack@aol.com 328-3835 (Hy-tek format)
Unattached Entries (UNANM) email to: gretchen.nm.usatf@gmail.com - 908-8996

Contact Person: Gretchen Futey - UNANM Entries Include: Athletes Full Name, Gender, Date of Birth, 2016 USATF Membership Number, events to be contested. All team and UNANM athlete USATF waivers and entry payments can be turned in at the USATF tent.

MAKE CHECKS PAYABLE TO:

ALBUQUERQUE ATHLETICS TRACK

Tel: 505-328-3835

4525 Jamaica NE, Albuquerque, New Mexico 87111

Email: AATTRACK@AOL.COM

Website: AATTRACK.COM

REQUIREMENTS: All participating athletes (Adults & Youths) must submit a signed USATF Participant Waiver and have a valid 2016 USA Track & Field membership. Purchase at USATF.ORG

ENTRY FEE: \$5.00 Per Athlete

DIVISIONS:

8 & Under Division (2008 & Younger) 17-18 Division (1998-1999)
9-10 Division (2006-2007) Open (Ages 19-29)
11-12 Division (2004-2005) *Sub-Masters (Ages 30-39)
13-14 Division (2002-2003) *Masters (Ages 40 & UP)
15-16 Division (2000-2001) *5 Year Increments

*Returned check Fee \$35.00.

EVENT LIMITATIONS INCLUDING RELAYS: 8 & Under, 9-10, 11-12 Divisions 3 events, all other age divisions 4 events.

AWARD RIBBONS: 1st through 6th Place for individual and relay events.

FACILITIES: There will be a concession stand. Restroom room facilities will be the in the gym lobby, east side of gym.

PARKING: North and East side school parking lots.

SCHEDULE OF EVENTS: Coaches Meeting 7:30 AM

Track Events:

8:00 AM 110/100/80 Hurdles
8:30 AM 1500/3000 Meter Race Walk
3000 Meter Run
4x100 Meter Relay
400 Meter Dash
100 Meter Dash
Lollipop Dash
800 Meter Run
200 Meter Dash
1500 Meter Run
4x400 Meter Relay

Field Events: Athlete must provide their own throwing implements

7:00 AM Discus All age Divisions, Flight and throw limitations will be based on the number of entries. **Discus will end at 8:15 AM**
7:00 AM Javelin on soccer field 13-14 G&B and older all age divisions and genders. Mini-Javelin will follow Javelin 11-12G, 11-12B, 9-10G, 9-10B, 8UG, 8UB
8:00 AM Long Jump South Pit: 8UG, 9-10G, 11-12G, 13-14G and Older
8:00 AM Long Jump North Pit: 8UB, 9-10B, 11-12B, 13-14B and Older
Triple Jump will follow Long Jump North Pit: 13-14 G&B and Older
8:00 AM High Jump – 9-10 and 11-12 G&B, 13-14 G&B and Older
8:30 AM Shot Put: Will follow Discus 8U G&B, 9-10G, 9-10B, 11-12G, 11-12B, 13-14G and Older, 13-14B and Older

NOTES: WARM UP THROWS AND JUMPS ARE ONLY ALLOWED IN THE EVENT COMPETITION AREA AFTER THE ATHLETE HAS CHECKED IN FOR THEIR EVENT. The discus is located on the NE corner of the infield and will be contested under a 75-minute time limit and will end at 8:15 AM, flights and attempts based on number of entries. The northeast side of the track and infield will be closed until the conclusion of the discus. The shot put will follow the discus. Running events except hurdles will be run youngest to oldest, female to male. The 1500/3000M Race Walk will race simultaneously. The 1500 & 3000M runs will be combined by age divisions. The warm up and team tent area is the east side of the infield.

All participating athletes must have a valid 2016 USA Track & Field membership and by submitting entry into this meet the participating athlete, coach, parent, legal guardian if athlete is under 18 certify that the athlete has a 2016 USATF Track & Field membership and has also submitted a signed USATF Participant Waiver for the athlete. The athlete, coach, parent, legal guardian if athlete is under 18 understand that the athlete should seek the advice and approval of their personal physician before participating in the Albuquerque Athletics Track Team, Inc. USATFNM All-Comers Developmental Track Meet. Albuquerque Athletics Track Team, Inc. (AAT) and USATFNM are not responsible for any injuries traveling to or from, competing in, or attending this meet and is not responsible for any lost or stolen items. Athlete participation in this meet confirms that I, for myself, the parent or legal guardian, do hereby agree to save, indemnify and keep harmless, release, waive, discharge the Albuquerque Athletics Track Team, Inc., and USATFNM its coaches, officers, employees, agents, volunteers, meet officials and authorized guests against all liability, claims, court costs, legal fees, judgments or demands for damage arising from accidents, injuries, or death of the above athlete(s), athlete(s) family members or property.



**PARTICIPANT WAIVER AND RELEASE OF LIABILITY,
ASSUMPTION OF RISK AND INDEMNITY AGREEMENT
Specific Event Waiver Form for MINORS (Under Age 18)**

Event Name: AAT / USATF Track & Field Meet

Event Date(s): May 21, 2016

Event Location: Eldorado High School - Albuquerque, New Mexico

Sanction #: 16-42-012

For and in consideration of USA Track & Field, Inc. ("**USA Track & Field**") allowing the minor identified below to participate in the USATF sanctioned event described above (**the "Event" or "Events"**); I, for myself, and on behalf of Minor, and the Minor's parents/legal guardians, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (**the "Agreement"**);

1. I hereby represent that (i) I am the parent or legal guardian of the Minor; (ii) the Minor is in good health and in proper physical condition to participate in the Event; and (iii) the Minor is not under the influence of alcohol or any illicit or prescription drugs which would in any way impair the Minor's ability to safely participate in the Event. I agree that it is my sole responsibility to determine whether the Minor is sufficiently fit and healthy enough to participate in the Event, that I am responsible for the Minor's safety and well being at all times and under all circumstances while at the Event site.
2. I understand and acknowledge the risks and dangers associated with the Minor's participation in track & field, road running, race walking, cross country, mountain, ultra, and trail running Events is inherently dangerous and will represent an extreme test of the Minor's physical and mental limits. I understand that the Minor's participation involves risks and dangers which include, without limitation, the potential for serious bodily injury, permanent disability, paralysis and loss of life; loss of or damage to equipment/property; exposure to extreme conditions and circumstances; contact with other participants, spectators, animals or other natural or manmade objects; dangers arising from adverse weather conditions; imperfect course or track conditions; land, water and surface hazards; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event Organizer; and other undefined, not readily foreseeable and presently unknown risks and dangers ("**Risks**"). I understand that these Risks may be caused in whole or in part by the Minor's own actions or inactions, the actions or inactions of others participating in the Event, or the negligent acts or omissions of the Released Parties defined below, and on behalf of the Minor, I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses which may be incurred as a result of the Minor's participation in any Event.
3. I understand that the Minor is required to be familiar with and to abide by the Rules and Regulations established for the Event, including but not limited to the Competitive Rules adopted by USA Track & Field and any safety regulations established for the benefit of all participants. I accept sole responsibility for the conduct and actions of the Minor while he or she is participating in the Event, and the condition and adequacy of the Minor's equipment.
4. On behalf of the Minor, I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless the following parties: USA Track & Field, Inc., its members, member clubs, associations, sport disciplines and divisions; United States Olympic Committee (USOC); the Event Directors, Organizers and Promoters, Sponsors, Advertisers, Coaches and Officials; the Host Organization and the Facility, Venue and Property Owners or Operators upon which the Event takes place; Law Enforcement Agencies and other Public Entities providing support for the Event; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees and volunteers (**Individually and Collectively, the "Released Parties" or "Event Organizers"**), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorneys fees) of any kind or nature ("**Liability**") which may arise out of, result from, or relate in any way to the Minor's participation in the Event, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties. I further agree that if, despite this Agreement, the Minor, or anyone on the Minor's behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which any may be incurred as the result of such claim.

I hereby warrant that I am of legal age and authorized to enter into this Agreement on behalf of the Minor, that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it (including the rights of the Minor, the Minor's parents/legal guardians, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors and assigns), acknowledge that I have signed this Agreement without any inducement, assurance or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

MINOR #1: Print Name: _____ Age: _____ Date of Birth: ____/____/____ Male Female

MINOR #2: Print Name: _____ Age: _____ Date of Birth: ____/____/____ Male Female

MINOR #3: Print Name: _____ Age: _____ Date of Birth: ____/____/____ Male Female

All Minors must have a 2016 USATF Membership: USATF Member No. (M#1) _____ (M#2) _____ (M3#) _____

X _____ /____/____
Signature of Parent/Legal Guardian for Minor(s) *Date Signed*

USATF Club Team Affiliation: _____ USATF Club Team Member Number: ____ - _____

Revised 10/14/2010



**PARTICIPANT WAIVER AND RELEASE OF LIABILITY,
ASSUMPTION OF RISK AND INDEMNITY AGREEMENT**
Specific Event Waiver Form for ADULTS (Age 18 or older)

Event Name: AAT / USATFNM Track & Field Meet

Event Date(s): May 21, 2016

Event Location: Eldorado High School - Albuquerque, New Mexico

Sanction #: 16-42-012

For and in consideration of USA Track & Field, Inc. ("**USA Track & Field**") allowing me, the undersigned, to participate in the USA Track & Field sanctioned event described above (**the "Event" or "Events"**); I, for myself, and on behalf of my spouse, children, guardians, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (**the "Agreement"**);

1. I hereby represent that (i) I am at least eighteen (18) years of age or older; (ii) I am in good health and in proper physical condition to participate in the Event; and (iii) I am not under the influence of alcohol or any illicit or prescription drugs which would in any way impair my ability to safely participate in the Event. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Event, that I am responsible for my own safety and well being at all times and under all circumstances while at the Event site.
2. I understand and acknowledge that participation in track & field, road running, race walking, cross country, mountain, ultra, and trail running Events is inherently dangerous and represents an extreme test of a person's physical and mental limits. I understand and acknowledge the risks and dangers associated with participation in the Event and sport of track & field and related activities, including without limitation, the potential for serious bodily injury, sickness and disease, permanent disability, paralysis and loss of life; loss of or damage to equipment/property; exposure to extreme conditions and circumstances; contact with other participants, spectators, animals or other natural or manmade objects; dangers arising from adverse weather conditions; imperfect course or track conditions; land, water and surface hazards; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event Organizers; and other undefined, not readily foreseeable and presently unknown risks and dangers ("**Risks**"). I understand that these Risks may be caused in whole or in part by my own actions or inactions, the actions or inactions of others participating in the Event, or the negligent acts or omissions of the Released Parties defined below, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses which I incur as a result of my participation in any Event.
3. I agree to be familiar with and to abide by the Rules and Regulations established for the Event, including but not limited to the Competitive Rules adopted by USA Track & Field and any safety regulations established for the benefit of all participants. I accept sole responsibility for my own conduct and actions while participating in the Event, and the condition and adequacy of my equipment.
4. I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless the following parties: USA Track & Field, Inc., its members, member clubs, associations, sport disciplines and divisions; United States Olympic Committee (USOC); the Event Directors, Organizers and Promoters, Sponsors, Advertisers, Coaches and Officials; the Host Organization and the Facility, Venue and Property Owners or Operators upon which the Event takes place; Law Enforcement Agencies and other Public Entities providing support for the Event; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees and volunteers (**Individually and Collectively, the "Released Parties" or "Event Organizers"**), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorneys fees) of any kind or nature ("**Liability**") which may arise out of, result from, or relate in any way to my participation in the Event, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties. I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which any may be incurred as the result of such claim.

I hereby warrant that I am of legal age and competent to enter into this Agreement, that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it (including the rights of my spouse, children, guardians, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors and assigns), acknowledge that I have signed this Agreement without any inducement, assurance or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

Print Name: _____ Age: _____ Date of Birth: _____ / _____ / _____ Male Female

Home Address: _____ Home Tel.: (____) _____

Adult Competitors must have a 2016 USATF Membership: USATF Member Number: _____

X _____ / _____ / _____

Signature of Participant

Date Signed

USATF Club Team Affiliation: _____ USATF Club Team Member Number: _____ - _____

Revised 10/14/2010