



ALBUQUERQUE ATHLETICS TRACK

19TH ANNUAL CROSS-COUNTRY MEET All Comers Welcome - Sanctioned by USA Track & Field



DATE: Saturday, September 24, 2016 TIME: 8:30 AM (First Race) COACHES MEETING: 8:00 AM

MEET DIRECTOR: CARL BRASHER LOCATION: John B. Robert Dam PACKET PICKUP: 7:30 AM
USATF Meet Sanction Number 16-42-033 (East side on Juan Tabo between Montgomery & Spain)

ENTRY DEADLINE: *Tuesday, September 20, 2016* (No late or meet day entries accepted. Entry fee payment at packet pickup.)

CLUB TEAM ENTRIES must be submitted by email to aattrack@aol.com using USATFNM Team Manager format. Club teams must submit their Athlete waivers at packet pickup (USATF.ORG member club roster form with parent signatures)

UNATTACHED ATHLETES must contact and submit entries to USATFNM Managing Director Gretchen Futey gretchen.nm.usatf@gmail.com Tel. 908-8996 and will be required to sign athlete waivers at packet pickup. Parent signatures required for minors (18 & younger)

REQUIREMENTS: All participating athletes must have and submit their 2016 USA Track & Field Membership number with their entry and must submit and sign the athlete waiver. USATF memberships may be purchased online at USATF.ORG

MAKE CHECKS PAYABLE TO: **ALBUQUERQUE ATHLETICS TRACK**

Tel: 505-328-3835 Email: AATTRACK@AOL.COM Website: AATTRACK.COM

ENTRY FEE: \$6.00 Per Athlete **DIVISIONS:**

8-Under (2008 & Younger)	17-18 M&W (1998-1999)
9-10 (2006-2007)	Open (Ages 19-29)
11-12 (2004-2005)	Sub-Masters (Ages 30-39)
13-14 (2002-2003)	Masters (Ages 40-59)
15-16 (2000-2001)	Senior's (Ages 60 & UP)

(Sub-Masters, Masters and Senior's in 5-year age increments)

*Returned check Fee \$35.00.

AWARD RIBBONS: 1st through 6th Place for individuals.

FACILITIES: There will be a concession stand and portable restroom rooms available at the site.

COURSE and PARKING MAPS: Course and parking maps are available at AATTRACK.COM. The course will be open 7:30-8:10 AM for athletes/teams to walk the course on their own. The course will be closed and cleared at 8:10 AM for the first race.

PARK IN DESIGNATED AREAS ONLY: Parking is at El Oso Grande Park south parking lot (near CNM – access off Morris only), along Osuna Drive on the west side of the dam and Juan Tabo, and on Manitoba just south of the dam. Additional parking is available at Eisenhower Middle School located ¼ mile north of the dam at Camero and Juan Tabo (just north of Spain).

Do not park on the surrounding neighborhood streets, business or church parking lots. See the parking map.

SCHEDULE OF EVENTS:

5K RUN: Combined; 15-16 Girls & Boys, 17-18 Women & Men and all Open Age Divisions

4K RUN: 13-14 Girls & Boys (Will be run simultaneously with the 5K Run)

2K RUN: 8-Under Girls then Boys

3K RUN: 9-10 Girls then Boys

3K RUN: 11-12 Girls then Boys



As a condition of registration into this meet the following is agreed to by all participants and their legal guardians: All participating athletes must have a valid 2016 USA Track & Field membership and sign the athlete waiver form in order to enter into and compete in this meet. The athlete, coach, parent, legal guardian if athlete is under 18 certify that the athlete has a 2016 USATF Track & Field membership. The athlete, coach, parent, legal guardian if athlete is under 18 understand that the athlete should seek the advice and approval of their personal physician before participating in the Albuquerque Athletics Track team / USA Track & Field Developmental All-Comers track & field or cross-country meet. Albuquerque Athletics Track Team, Inc. (AAT) is not responsible for any injuries traveling to or from, competing in, or attending this meet and is not responsible for any lost or stolen items. I, for myself, the parent or legal guardian of the participating athlete(s), do hereby agree to save, indemnify and keep harmless, release, waive, discharge the Albuquerque Athletics Track Team, Inc. its owners, officers, coaches, employees, agents, volunteers, meet officials and authorized guests against all liability, claims, court costs, legal fees, judgments, demands for damage, all medical costs arising from accidents, injuries, or death of any participating athlete(s), athlete(s) family members, legal guardians or property.



**PARTICIPANT WAIVER AND RELEASE OF LIABILITY,
ASSUMPTION OF RISK AND INDEMNITY AGREEMENT
Specific Event Waiver Form for MINORS (Under Age 18)**

Albuquerque Athletics Track / USATFNM Developmental Cross Country Meet

Event Name: _____

Event Date(s): September 24, 2016

Event Location: John B. Robert Dam / Bear Canyon Arroyo, Albuquerque, New Mexico

Sanction #: 16-42-033

For and in consideration of USA Track & Field, Inc. ("**USA Track & Field**") allowing the minor identified below to participate in the USATF sanctioned event described above (**the "Event" or "Events"**); I, for myself, and on behalf of Minor, and the Minor's parents/legal guardians, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (**the "Agreement"**);

1. I hereby represent that (i) I am the parent or legal guardian of the Minor; (ii) the Minor is in good health and in proper physical condition to participate in the Event; and (iii) the Minor is not under the influence of alcohol or any illicit or prescription drugs which would in any way impair the Minor's ability to safely participate in the Event. I agree that it is my sole responsibility to determine whether the Minor is sufficiently fit and healthy enough to participate in the Event, that I am responsible for the Minor's safety and well being at all times and under all circumstances while at the Event site.
2. I understand and acknowledge the risks and dangers associated with the Minor's participation in track & field, road running, race walking, cross country, mountain, ultra, and trail running Events is inherently dangerous and will represent an extreme test of the Minor's physical and mental limits. I understand that the Minor's participation involves risks and dangers which include, without limitation, the potential for serious bodily injury, permanent disability, paralysis and loss of life; loss of or damage to equipment/property; exposure to extreme conditions and circumstances; contact with other participants, spectators, animals or other natural or manmade objects; dangers arising from adverse weather conditions; imperfect course or track conditions; land, water and surface hazards; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event Organizer; and other undefined, not readily foreseeable and presently unknown risks and dangers ("**Risks**"). I understand that these Risks may be caused in whole or in part by the Minor's own actions or inactions, the actions or inactions of others participating in the Event, or the negligent acts or omissions of the Released Parties defined below, and on behalf of the Minor, I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses which may be incurred as a result of the Minor's participation in any Event.
3. I understand that the Minor is required to be familiar with and to abide by the Rules and Regulations established for the Event, including but not limited to the Competitive Rules adopted by USA Track & Field and any safety regulations established for the benefit of all participants. I accept sole responsibility for the conduct and actions of the Minor while he or she is participating in the Event, and the condition and adequacy of the Minor's equipment.
4. On behalf of the Minor, I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless the following parties: USA Track & Field, Inc., its members, member clubs, associations, sport disciplines and divisions; United States Olympic Committee (USOC); the Event Directors, Organizers and Promoters, Sponsors, Advertisers, Coaches and Officials; the Host Organization and the Facility, Venue and Property Owners or Operators upon which the Event takes place; Law Enforcement Agencies and other Public Entities providing support for the Event; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees and volunteers (**Individually and Collectively, the "Released Parties" or "Event Organizers"**), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorneys fees) of any kind or nature ("**Liability**") which may arise out of, result from, or relate in any way to the Minor's participation in the Event, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties. I further agree that if, despite this Agreement, the Minor, or anyone on the Minor's behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which any may be incurred as the result of such claim.

I hereby warrant that I am of legal age and authorized to enter into this Agreement on behalf of the Minor, that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it (including the rights of the Minor, the Minor's parents/legal guardians, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors and assigns), acknowledge that I have signed this Agreement without any inducement, assurance or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

MINOR #1: Print Name: _____ Age: _____ Date of Birth: ____/____/____ Male Female
 MINOR #2: Print Name: _____ Age: _____ Date of Birth: ____/____/____ Male Female
 MINOR #3: Print Name: _____ Age: _____ Date of Birth: ____/____/____ Male Female

X _____
Signature of Parent/Legal Guardian for Minor(s)

_____/_____/_____
Date Signed



**PARTICIPANT WAIVER AND RELEASE OF LIABILITY,
ASSUMPTION OF RISK AND INDEMNITY AGREEMENT**
Specific Event Waiver Form for ADULTS (Age 18 or older)

Albuquerque Athletics Track / USATFNM Developmental Cross Country Meet

Event Name: _____

Event Date(s): September 24, 2016

Event Location: John B. Robert Dam / Bear Canyon Arroyo, Albuquerque, New Mexico

Sanction #: 16-42-033

For and in consideration of USA Track & Field, Inc. ("**USA Track & Field**") allowing me, the undersigned, to participate in the USA Track & Field sanctioned event described above (**the "Event" or "Events"**); I, for myself, and on behalf of my spouse, children, guardians, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (**the "Agreement"**);

1. I hereby represent that (i) I am at least eighteen (18) years of age or older; (ii) I am in good health and in proper physical condition to participate in the Event; and (iii) I am not under the influence of alcohol or any illicit or prescription drugs which would in any way impair my ability to safely participate in the Event. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Event, that I am responsible for my own safety and well being at all times and under all circumstances while at the Event site.
2. I understand and acknowledge that participation in track & field, road running, race walking, cross country, mountain, ultra, and trail running Events is inherently dangerous and represents an extreme test of a person's physical and mental limits. I understand and acknowledge the risks and dangers associated with participation in the Event and sport of track & field and related activities, including without limitation, the potential for serious bodily injury, sickness and disease, permanent disability, paralysis and loss of life; loss of or damage to equipment/property; exposure to extreme conditions and circumstances; contact with other participants, spectators, animals or other natural or manmade objects; dangers arising from adverse weather conditions; imperfect course or track conditions; land, water and surface hazards; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event Organizers; and other undefined, not readily foreseeable and presently unknown risks and dangers ("**Risks**"). I understand that these Risks may be caused in whole or in part by my own actions or inactions, the actions or inactions of others participating in the Event, or the negligent acts or omissions of the Released Parties defined below, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses which I incur as a result of my participation in any Event.
3. I agree to be familiar with and to abide by the Rules and Regulations established for the Event, including but not limited to the Competitive Rules adopted by USA Track & Field and any safety regulations established for the benefit of all participants. I accept sole responsibility for my own conduct and actions while participating in the Event, and the condition and adequacy of my equipment.
4. I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless the following parties: USA Track & Field, Inc., its members, member clubs, associations, sport disciplines and divisions; United States Olympic Committee (USOC); the Event Directors, Organizers and Promoters, Sponsors, Advertisers, Coaches and Officials; the Host Organization and the Facility, Venue and Property Owners or Operators upon which the Event takes place; Law Enforcement Agencies and other Public Entities providing support for the Event; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees and volunteers (**Individually and Collectively, the "Released Parties" or "Event Organizers"**), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorneys fees) of any kind or nature ("**Liability**") which may arise out of, result from, or relate in any way to my participation in the Event, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties. I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which any may be incurred as the result of such claim.

I hereby warrant that I am of legal age and competent to enter into this Agreement, that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it (including the rights of my spouse, children, guardians, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors and assigns), acknowledge that I have signed this Agreement without any inducement, assurance or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

Print Name: _____ Age: _____ Date of Birth: _____ / _____ / _____ Male Female

Home Address: _____ Home Tel.: (____) _____

X _____
Signature of Participant

_____/_____/_____
Date Signed

Revised 10/14/2010