

ALBUQUERQUE **ATHLETICS**

TRACK

19TH ANNUAL CROSS-COUNTRY MEET All Comers Welcome - Sanctioned by USA Track & Field



LOCATION: John B. Robert Dam PACKET PICKUP: 7:30 AM **MEET DIRECTOR**: CARL BRASHER USATF Meet Sanction Number 16-42-033 (East side on Juan Tabo between Montgomery & Spain)

ENTRY DEADLINE: Tuesday, September 20, 2016 (No late or meet day entries accepted. Entry fee payment at packet pickup.) CLUB TEAM ENTRIES must be submitted by email to aattrack@aol.com using USATFNM Team Manager format. Club teams must submit their Athlete waivers at packet pickup (USATF.ORG member club roster form with parent signatures) UNATTACHED ATHLETES must contact and submit entries to USATFNM Managing Director Gretchen Futey gretchen.nm.usatf@gmail.com Tel. 908-8996 and will be required to sign athlete waivers at packet pickup. Parent signatures required for minors (18 & younger)

REQUIREMENTS: All participating athletes must have and submit their 2016 USA Track & Field Membership number with their entry and must submit and sign the athlete waiver. USATF memberships may be purchased online at USATF.ORG

MAKE CHECKS PAYABLE TO: ALBUQUERQUE ATHLETICS TRACK

Tel: 505-328-3835 Email: AATTRACK@AOL.COM Website: AATTRACK.COM

ENTRY FEE: \$6.00 Per Athlete **DIVISIONS:** 8-Under (2008 & Younger) 17-18 M&W (1998-1999)

9-10 (2006-2007) Open (Ages 19-29)

11-12 (2004-2005) Sub-Masters (Ages 30-39) *Returned check Fee \$35.00.

13-14 (2002-2003) Masters (Ages 40-59) Senior's (Ages 60 & UP) 15-16 (2000-2001)

(Sub-Masters, Masters and Senior's in 5-year age increments)

AWARD RIBBONS: 1st through 6th Place for individuals.

FACILITIES: There will be a concession stand and portable restroom rooms available at the site.

COURSE and PARKING MAPS: Course and parking maps are available at AATTRACK.COM. The course will be open 7:30-8:10 AM for athletes/teams to walk the course on their own. The course will be closed and cleared at 8:10 AM for the first race.

PARK IN DESIGNATED AREAS ONLY: Parking is at El Oso Grande Park south parking lot (near CNM – access off Morris only), along Osuna Drive on the west side of the dam and Juan Tabo, and on Manitoba just south of the dam. Additional parking is available at Eisenhower Middle School located ¼ mile north of the dam at Camero and Juan Tabo (just north of Spain). Do not park on the surrounding neighborhood streets, business or church parking lots. See the parking map.

SCHEDULE OF EVENTS:

5K RUN: Combined; 15-16 Girls & Boys, 17-18 Women & Men and all Open Age Divisions

4K RUN: 13-14 Girls & Boys (Will be run simultaneously with the 5K Run)

2K RUN: 8-Under Girls then Boys 3K RUN: 9-10 Girls then Boys 3K RUN: 11-12 Girls then Boys



As a condition of registration into this meet the following is agreed to by all participants and their legal guardians: All participating athletes must have a valid 2016 USA Track & Field membership and sign the athlete waiver form in order to enter into and compete in this meet. The athlete, coach, parent, legal guardian if athlete is under 18 certify that the athlete has a 2016 USATF Track & Field membership. The athlete, coach, parent, legal guardian if athlete is under 18 understand that the athlete should seek the advice and approval of their personal physician before participating in the Albuquerque Athletics Track team / USA Track & Field Developmental All-Comers track & field or cross-country meet. Albuquerque Athletics Track Team, Inc. (AAT) is not responsible for any injuries traveling to or from, competing in, or attending this meet and is not responsible for any lost or stolen items. I, for myself, the parent or legal guardian of the participating athlete(s), do hear by agree to save, indemnify and keep harmless, release, waive, discharge the Albuquerque Athletics Track Team, Inc. its owners, officers, coaches, employees, agents, volunteers, meet officials and authorized guests against all liability, claims, court costs, legal fees, judgments, demands for damage, all medical costs arising from accidents, injuries, or death of any participating athlete(s), athlete(s) family members, legal guardians or property.



PARTICIPANT WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT

Specific Event Waiver Form for MINORS (Under Age 18)

US	SATI	F ⁻						
Even	it Name:	Albuquerque Athletics Track / USATFNM Developmental Cross	Country Meet F	vent Date(s):	September 2	24, 2016		
		n: John B. Robert Dam / Bear Canyon Arroyo, Albuquerque, Nev		Sanction #:				
desc and p	ribed abo personal r	nsideration of USA Track & Field, Inc. ("USA Track & Field") allowe (the "Event" or "Events"); I, for myself, and on behalf of Minerepresentatives, executors, administrators, successors and assign and Release of Liability, Assumption of Risk and Indemnity Agr	or, and the Mins, hereby agre	nor's parents/le ee to and make	gal guardians the following o	, heirs and nex	t of kin, an	nd any legal
	the Even safely pa	represent that (i) I am the parent or legal guardian of the Minor; (it; and (iii) the Minor is not under the influence of alcohol or any il rticipate in the Event. I agree that it is my sole responsibility to de t, that I am responsible for the Minor's safety and well being at a	licit or prescri termine wheth	ption drugs where the Minor is	ich would in a sufficiently fit	any way impair and healthy en	the Minor lough to pa	s ability to
	mountair that the I paralysis spectator water and the Even may be c acts or or	and and acknowledge the risks and dangers associated with the In, ultra, and trail running Events is inherently dangerous and will revented in any loss of life; loss of or damage to equipment/property; exposers, animals or other natural or manmade objects; dangers arising disurface hazards; equipment failure; inadequate safety measure to Organizer; and other undefined, not readily foreseeable and preseaused in whole or in part by the Minor's own actions or inactions missions of the Released Parties defined below, and on behalf of s, liabilities, losses or expenses which may be incurred as a result.	epresent an ex without limitati ure to extrema from adverse s; participants esently unkno s, the actions the Minor, I he	treme test of the con, the potential econditions and executions and executions and the conditions and the conditions and dor inactions of ereby expressly	e Minor's physal for serious d circumstanditions; imperfelevels; situationangers ("Rislothers participy assume all s	sical and menta bodily injury, poes; contact wi ect course or trons beyond the (ss"). I understoating in the Evouch Risks and	al limits. I upermanen ith other pack condite immediat tand that the vent, or the	understand it disability, articipants, tions; land, e control of hese Risks e negligent
	the Comp	and that the Minor is required to be familiar with and to abide by the petitive Rules adopted by USA Track & Field and any safety reguled and actions of the Minor while he or she is participating in	ations establis	shed for the be	nefit of all part	icipants. I acce	ept sole re	sponsibility
	parties: I the Event Owners of their resp (Individu damage) or relate the Releate	If of the Minor, I hereby Release, Waive and Covenant Not to S USA Track & Field, Inc., its members, member clubs, association t Directors, Organizers and Promoters, Sponsors, Advertisers, Coor Operators upon which the Event takes place; Law Enforcement Dective parent, subsidiary and affiliated companies, officers, directive parent, including claim and way to the Minor's participation in the Event, including claim assed Parties. I further agree that if, despite this Agreement, the Minor's participation and hold harmless each of the such claim.	s, sport discipaches and Off Agencies and ectors, partner inizers"), with ys fees) of an ms for Liability inor, or anyon	olines and divisicials; the Host other Public Endings, shareholder or respect to any y kind or nature or caused in who e on the Minor'	ions; United S Organization ntities providir s, members, liability, clain e ("Liability") ole or in part b s behalf, make	States Olympic and the Facility ig support for the agents, emplon n(s), demand(s which may ari y the negligentes a claim for L	Committee, Venue are Event; a syees and s), cause(s se out of, r t acts or or i.iability against the committee of the committ	ee (USOC); and Property and each of volunteers b) of action, result from, missions of ainst any of
its te guare signe unco partie Agre	rms and odians, he dians, he didness this A ditional es regard ement is	ant that I am of legal age and authorized to enter into this Agreeme conditions, acknowledge that I will be giving up substantial legal irs and next of kin, and any legal and personal representatives, agreement without any inducement, assurance or guarantee, a acceptance of the terms, conditions and provisions of this Agreeing these issues and no oral representations, statements or induheld to be unlawful, void, or for any reason unenforceable, then dity and enforceability of any remaining provisions.	rights by signi executors, add and intend for ement. This A cements have	ing it (including ministrators, su r my signature greement repr e been made a	the rights of to ccessors and to serve as esents the co part from this	the Minor, the lassigns), acklong confirmation of mplete unders Agreement. If	Minor's pa nowledge of my con tanding be any provi	trents/legal that I have inplete and etween the sion of this
MINO	DR #1: Pr	rint Name:	Age:	Date of Birth:			☐ Male	☐ Female
		rint Name:					■ Male	☐ Female
MINO	OR #3: Pi	rint Name:	Age:	Date of Birth:			■ Male	☐ Female

Date Signed

Signature of Parent/Legal Guardian for Minor(s)



PARTICIPANT WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT

Specific Event Waiver Form for ADULTS (Age 18 or older)

U	SATF						
Eve	Albi rent Name:		ack / USATFNM Developme	ntal Cross Country I	Meet Event Date(s):	September 24, 2016	
			Bear Canyon Arroyo, Albuqu	uerque, New Mexico	Sanction #:		
eve per	ent described a rsonal represer	above (the "Event" ontatives, executors, a	& Field, Inc. ("USA Track & or "Events"); I, for myself, a dministrators, successors ar ssumption of Risk and Inder	and on behalf of my and assigns, hereby a	e, the undersigned, t spouse, children, gu gree to and make the	o participate in the USA participate, and next	of kin, and any legal and
1.	Event; and (i Event. I agi	ii) I am not under the i ree that it is my sole	least eighteen (18) years of nfluence of alcohol or any illi responsibility to determine d well being at all times and	icit or prescription dr whether I am suffi	rugs which would in a ciently fit and healt	any way impair my ability hy enough to participate	to safely participate in the
2.	inherently da associated w sickness and circumstance conditions; ir skill levels; s and dangers participating	angerous and represe vith participation in the d disease, permanen es; contact with othe mperfect course or tra ituations beyond the i ("Risks"). I understa in the Event, or the n	at participation in track & fiesents an extreme test of a pele Event and sport of track & fit disability, paralysis and loser participants, spectators, ack conditions; land, water armmediate control of the Everand that these Risks may be egligent acts or omissions of abilities, losses or expenses	rson's physical and related actives of life; loss of or animals or other nand surface hazards; ent Organizers; and caused in whole or if the Released Part	mental limits. I uno vities, including with damage to equipme atural or manmade equipment failure; in other undefined, not n part by my own act ies defined below, a	derstand and acknowled out limitation, the potential ent/property; exposure to objects; dangers arising adequate safety measure treadily foreseeable and tions or inactions, the actual I hereby expressly as	ge the risks and dangers al for serious bodily injury o extreme conditions and g from adverse weathe es; participants of varying I presently unknown risks ions or inactions of others
3.	by USA Trac	k & Field and any safe	oide by the Rules and Regulations established for nd the condition and adequate	or the benefit of all p	articipants. I accept		
4.	Inc., its mem and Promote which the Ev subsidiary a Collectively expense (inc to my partici further agree	bers, member clubs, a ers, Sponsors, Advert vent takes place; Law ind affiliated compan r, the "Released Part cluding court costs an pation in the Event, in that if, despite this A	enant Not to Sue, and further associations, sport disciplines isers, Coaches and Officials Enforcement Agencies and ies, officers, directors, parties" or "Event Organizers' d reasonable attorneys fees) including claims for Liability of greement, I, or anyone on inf the Released Parties from	s and divisions; Unit s; the Host Organiza other Public Entities trners, shareholders "), with respect to ar) of any kind or natur caused in whole or ny behalf, makes a cony	ed States Olympic Cotion and the Facility or providing support for members, agents by liability, claim(s), or ("Liability") which in part by the negligolaim for Liability against the second support of the second support	ommittee (USOC); the Event; Venue and Property Offor the Event; and each offor the Event and (s), cause(s) of a hamay arise out of, result the pent acts or omissions off the Released	vent Directors, Organizers whers or Operators upor of their respective parent ateers (Individually and action, damage(s), loss of from, or relate in any way of the Released Parties. It will indemnify
cor kin any cor rep any	nditions, ackno n, and any legal y inducement, nditions and pro presentations, s	wledge that I will be g and personal represe assurance or guarant ovisions of this Agreel statements or inducer forceable, then that p	e and competent to enter in giving up substantial legal rig entatives, executors, adminis- iee, and intend for my signa- ment. This Agreement repre- ments have been made apart provision shall be deemed s	ghts by signing it (inc strators, successors ture to serve as con esents the complete t from this Agreeme	cluding the rights of and assigns), acknowing firmation of my comunderstanding betwont. If any provision of the control of the	my spouse, children, gua owledge that I have signal plete and unconditional een the parties regarding of this Agreement is held	ardians, heirs and next o ed this Agreement withou acceptance of the terms g these issues and no ora to be unlawful, void, or fo
Pri	int Name:			Age:	Date of Birth:	///	
Нο	ome Address					Home Tel.: ()

Date Signed

Signature of Participant

Revised 10/14/2010