



2014 USATF New Mexico Association Junior Olympic Track and Field Championships

June 21st-22nd Combined Events and Outdoor Championships

Albuquerque Academy
6400 Wyoming Blvd NE
Albuquerque, New Mexico 87109

www.newmexico.usatf.org

Packet Pick-up and Mandatory Coaches Meeting Friday June 20th at 6:00pm; Hilton Garden Inn

Hilton Garden Inn-Journal Center; 5320 San Antonio Drive NE, Albuquerque, NM 87109

Sanction: USATF 2014 Competition Rules Apply.
Eligibility: All athletes 18 years or younger* who reside in New Mexico.
2014 USATF membership required. USATF membership applications are available online at www.usatf.org/membership.

Please Note: Age groups are based on year of birth, not age on the day of event. See list below:

Age Group/	8 & Under**	2006+**	3 events
Limitations:	9-10	2004-2005	3 events
(does not	11-12	2002-2003	3 events
include Multi)	13-14	2000-2001	4 events
	15-16	1998-1999	4 events
	17-18	1996-1997*	4 events

*Athletes who are 18 years of age through the last day of the National JO Championships, July 27, 2014 are eligible to compete.

Meet Director: Arlena Dickerson arlena2004@msn.com
Entries: **Register online at** www.CoachO.com beginning Monday June 2nd, 2014
Entry Fee: \$ 6 per event, \$ 24 per relay, \$ 10 per Pentathlon, Triathlon, \$ 16 per Decathlon, Heptathlon
Entry Deadline: June 16th, 2014

NO RACE DAY ENTRIES

**8 & Under may compete in the following events: 100m, 200m, 400m, 800m, 1500m, 4x100, 4x400, Long Jump, Shot Put and Turbo Jav. (Athletes must be at least 7 years of age on December 31 of the current year to compete in the National Junior Olympic Championships however all 8 & Under are allowed to compete at Association & Region level)

Awards: Medals 1st through 3rd, Ribbons 4th through 6th

Regional Qualifying: 1st through 4th place may advance to the Region 10 JO Championships to be held *July 3rd - 6th in Colorado Springs, CO. *(July 7th -10th Back up date) *No alternates.* Region 10 Championships registration will be conducted through www.CoachO.com. Please see www.colorado.usatf.org for more information.

SATURDAY, 21st, JUNE 2014
7:45 AM FIRST CALL, 8:00 AM START
TRACK EVENT SCHEDULE

1500M RW	FINAL
3000M RW	FINAL
3000M RUN	FINAL
110/100/80MH	PRELIM/FINAL
400M DASH	PRELIM/FINAL
200/400MH	PRELIM/FINAL
100M DASH	PRELIM/FINAL
800M RUN	FINAL
200M DASH	PRELIM/FINAL

EVENTS RUN YOUNGEST TO OLDEST, GIRLS TO BOYS, EXCEPT IN SOME DISTANCE AND HURDLE EVENTS.

RUNNING EVENTS WILL NOT BE ROLLED OVER; IF WE HAVE 9 ATHLETES AND 9 LANES AVAILABLE, THE FINALS WILL BE HELD IN THE PRELIMS TIME SLOT. ATHLETES MUST BE READY TO RUN WHEN REPORTING FOR PRELIMS.

IMPLEMENT WEIGH STARTS AT 7:15 AM ON BOTH DAYS.

Officials meeting Saturday @7:30am on the Infield

FIELD EVENTS SCHEDULE; SATURDAY

All Field events to be held at Albuquerque Academy with the exception of Pole Vault.

POLE VAULT TO BE CONTESTED AT ELDORADO HIGH SCHOOL

8:00 AM @ EHS	POLE VAULT (13-14G, 15-16G, 17-18G)
9:30 AM	POLE VAULT (15-16B, 17-18B)
11:30 AM	POLE VAULT (13-14B)
8:00 AM @ Academy	DISCUS (15-16B, 17-18B) HIGH JUMP (9-10G)
9:00 AM	HIGH JUMP (11-12G) DISCUS (13-14B) LONG JUMP (13-14G)
10:00 AM	DISCUS (11-12B) HIGH JUMP (13-14G) LONG JUMP (13-14B)
10:30 AM	LONG JUMP (15-16G, 17-18G)
11:00 AM	DISCUS (15-16G, 17-18G) HIGH JUMP (9-10B) LONG JUMP (15-16B)
11:30 AM	LONG JUMP (17-18B)
12:00 PM	SHOT PUT (15-16B, 17-18B) DISCUS (13-14G) HIGH JUMP (11-12B) TURBO JAV (8&UG, 8&UB)
12:30 PM	DISCUS (11-12G) LONG JUMP (11-12G)
1:30 PM	SHOT PUT (13-14B) LONG JUMP (11-12B) TURBO JAV (9-10G, 9-10B)

SUNDAY, 22nd, JUNE 2014
7:45 AM FIRST CALL, 8:00 AM START
TRACK EVENT SCHEDULE

4X100M RELAY	FINAL
1500M RUN	FINAL
400M DASH	FINAL
110/100/80MH	FINAL
100M DASH	FINAL
200/400MH	FINAL
4X800M RELAY	FINAL
200M DASH	FINAL
20 MINUTE BREAK	
4X400M RELAY	FINAL

****STEEPLE CHASE ATHLETES MUST REGISTER FOR THE STATE MEET; THIS EVENT WILL NOT BE CONTESTED HOWEVER ALL REGISTERED ATHLETES WILL AUTOMATICALLY ADVANCE TO REGIONALS.**

FIELD EVENT SCHEDULE; SUNDAY

8:00 AM	SHOT PUT (8&UG, 9-10G) HIGH JUMP (13-14B) LONG JUMP (9-10B) JAVELIN (15-16G, 17-18G)
8:30 AM	SHOT PUT (11-12G) JAVELIN (15-16B, 17-18B)
9:30 AM	SHOT PUT (13-14G) HIGH JUMP (15-16G) LONG JUMP (9-10G) JAVELIN (13-14B)
10:00 AM	SHOT PUT (8&UB, 9-10B)
10:30 AM	JAVELIN (13-14G)
11:00 AM	SHOT PUT (11-12B) HIGH JUMP (15-16B) TRIPLE JUMP (13-14G, 15-16G, 17-18G)
11:30 AM	LONG JUMP (8&UG) LONG JUMP (8&UB) TURBO JAV (11-12G, 11-12B)
12:00 PM	HIGH JUMP (17-18G) TRIPLE JUMP (13-14B, 15-16B, 17-18B)
1:00 PM	SHOT PUT (15-16G, 17-18G) HIGH JUMP (17-18B)

**** HAMMER THROW ATHLETES MUST REGISTER FOR THE STATE MEET; THIS EVENT WILL NOT BE CONTESTED HOWEVER ALL REGISTERED ATHLETES WILL AUTOMATICALLY ADVANCE TO REGIONALS.**

Host Hotel

Hilton Garden Inn

Albuquerque/Journal Center
5320 San Antonio Drive NE
Albuquerque, NM 87109

*For reservations call (505) 314-0800 and ask for "USATF NM Championships" Group Rate \$89
or book online bit.ly/USATFNM14.*