

# ***COACHES INSERT***

## **Coaches Meeting**

A Coaches Meeting will be held at 7:00pm, Friday, July 8, at the Courtyard Albuquerque Airport. Packet pick-up will also be available at this time. Payment via check, cash, or money order is required prior to obtaining packet. See below for additional packet pick-up times, locations, and information.

## **Parking and Admission**

Parking is available west of the stadium. Admission Gates will open at 7:00am each day.

## **Tents and Umbrellas**

Tents and umbrellas may be placed above the stadium entry stair openings (home and visitor). If you wish to put up a second tent, put it below your own tent and do not block anyone else's tent.

## **Inclement Weather**

The meet will proceed through all types of weather except lightning. We will follow standard practices for lightning delays including approximately 20 minute wait after lightning is detected. Athletes, coaches, and spectators will likely be required to evacuate the stadium to their vehicles until competition resumes. Please note we are expecting hot weather. We will work very hard to keep the meet moving efficiently and quickly so time in the heat is limited. Athletes, spectators, coaches, and officials should take extra precaution to stay hydrated and cool.

## **Parade of Athletes**

The Parade of Athletes will be held at 7:30am, Sunday, July 10. Athletes will be staged by Association and team in the warm-up area starting at 7:15am. Running and field events will start promptly as scheduled at 8:00am. We will not delay competition for athletes participating in the Parade of Athletes.

## **Packet Pick-up, Implement Weigh-in, Medical**

Packet pick-up will be available at the registration table under the west (home) stands beginning at 7:00am each day. Packet pick-up will close at the end of each day's competition. Payment is required in order to obtain a team packet or individual athlete's bib except for attached athletes competing Thursday and Friday morning (see next note).

Athletes in the combined events, steeplechase, hammer throw, and race walk may pick up their bib at their event site. Athletes attached to a team with other competing athletes will not be required to pay prior to obtaining a bib. Payment will instead be required with the remainder of the team. Unattached athletes must pay prior to obtaining a bib.

Implement weigh-in will be available on the upper field starting at 7:15am each day.

Medical assistance will be available near the check-in area throughout the competition.

### **Starting Block, Batons, Spikes**

Starting blocks will be provided. Outside starting blocks will not be allowed. Per USATF rule, meet staff only will be allowed on the track. Coaches, etc are not allowed to assist with block setting and are not allowed to hold blocks for competitors.

Batons will be provided. Outside batons will not be allowed.

1/4" or shorter, pyramid spikes only are allowed for track events and non-throwing field events. Additionally, 1/4" or shorter, pyramid spikes only are allowed for the 8U and 9-10 Mini Javelin which will be contested on the stadium infield. Spikes will be available for sale from the meet apparel vendor. Shoes will be examined at check-in for compliance.

### **Competition Area**

The Competition Area for this meet is defined as the area inside the rails, fences, and flagging surrounding the track and field event areas including the check-in area. Competing athletes and working officials only are allowed in this area except that coaches may assist 8U Long Jump competitors with getting marks. Additionally, High Jump and Pole Vault coaches (no spectators) are allowed in the respective competition area for the duration of their athlete's competition only. Coaches must leave these areas when their athletes have their marks (8U Long Jump) or the officials declare the area closed (High Jump, Pole Vault) in order to start the next Age Group/Gender.

### **Warm-up Area**

The bus parking lot between the stadium and the upper field (i.e., throws area) has been designated as the warm-up area. This area is to be used only for warm-up.

### **Check-in**

Check-in for racing events will be on the track level under the shade structure at the southeast end of the track. Check-in for field events will be at the field event location. Event calls will be made over the track stadium PA system. Coaches, parents, and athletes are responsible for notifying any athletes not in the immediate area of this PA system. Note that athlete admittance to the track infield is for competing athletes only. Athletes may not cross the track except to go directly to their field event on the infield. Coaches may not accompany athletes on the infield except as noted in "Competition Area" above.

### **Marks**

Marks may be placed using cloth athletic tape only. No other type of mark (including tennis balls, packing tape, painter's tape, duct tape, etc) is allowed. Please note that relay marks must be placed in the relay team's lane (not on or across a lane line) and field event marks must be placed outside the runway (not on or across the runway line). Tape will be available for relay, High Jump, Pole Vault, and Long Jump competitors who forget their own or have unacceptable mark material.

### **Field Event Notes**

High Jump will be contested on the south end of the infield.

Pole Vault will be contested on the north end of the infield.

Boys Long Jump will be contested at the south pit and Girls Long Jump will be contested at the north pit.

Mini Javelin (11-12), Javelin, and Discus will be contested on the grass, upper field.

Mini Javelin (8U, 9-10) will be contested on the stadium infield.

Boys Shot Put will be contested in the southwest-facing pit and Girls Shot Put will be contested in the northwest-facing pit.

**Hammer Throw will be contested at the University of New Mexico facility located near Wise Pies Arena (the Pit). This facility is approximately one mile from Milne Stadium.**

Competing field event athletes may not leave the immediate event area without first checking out with the event's head official. Athletes competing in the infield may not cross the track without checking out with the event's head official and may not check out for the purpose of conferring with a coach, athlete, or other person. In general, competing athletes may check out only to use the restroom or to compete in another event. Athletes who check out must return as soon as possible. Flow of the meet will not be delayed for a checked out athlete.

### **Prelims/Finals**

Running events will not be rolled over. If we have 8 or fewer athletes and 8 lanes available, the finals will be held in the Prelims time slot. Athletes must be ready to run when reporting for Prelims.

Finals for the throws and horizontal jumps will immediately follow prelims. For those throws and horizontal jumps with 8 or fewer athletes in an Age Group/Gender (e.g., 15-16 B Triple Jump), all athletes in that Age Group/Gender will advance to finals (even if an athlete scratches the first 3 attempts).

### **Results**

Results will be posted on the stadium wall near the main entrance to the Home stands. Results may also be posted elsewhere but the main entrance location is considered the official location. In addition, daily event results will be posted at [www.newmexico.usatf.org](http://www.newmexico.usatf.org) by midnight of each competition day. Full meet results will be posted at [www.newmexico.usatf.org](http://www.newmexico.usatf.org) by midnight, July 10, 2016. Please note that the Press Box is off limits to all but authorized meet personnel.

### **Protests**

Protests must be made in writing at the registration table in accordance with Rule 146 and must be accompanied by a \$100 cash deposit which will be forfeited unless the protest is upheld. After certification of each race, awards will be given.

## **Awards**

Awards will be available 5-10 minutes after results are posted unless a protest has been filed and remains undecided. In such case, awards will be provided at the earliest opportunity following disposition of the protest(s). If awards have been provided and a protest is subsequently filed and upheld, impacted athletes will be provided the appropriate medal given the protest outcome.

## **Advancement to USATF Junior Olympics Championships**

The top five (5) finishers (no alternates) in each event (Age Group/Gender) will be eligible to compete in the USATF Junior Olympics Track & Field Championships (JOTF) July 25-31, 2016, in Sacramento, CA. Please see the JOTF website for entry and other information. We will upload our Region 10 advancers information to athletic.net as soon as possible following completion of the R10 meet. As a guidepost, USATFNM JO results were uploaded the day after Association Championships completion.

## **Facility Rules, Policies, and Guidelines**

- Smoking/use of tobacco is prohibited on all Albuquerque Public School (APS) and University of New Mexico (UNM) property including parking lots and restrooms.
- Alcohol is prohibited on all APS and UNM property including parking lots and restrooms.
- Pets are not allowed on APS and UNM property. Service dogs/animals are allowed with proof of service.
- Skateboards, roller skates, or bicycles are not allowed in APS and UNM facilities.
- Sunflower seeds and other shell nuts are not allowed to be consumed in the stadium.
- Outside food and beverage may not be brought into the stadium other than snacks and beverages for athletes and officials.
- Bags and/or backpacks may be searched at any time at the discretion of APS Police or APS Event Staff and UNM Police or staff depending on event location.